



- Research shows that when music is included in a student's daily learning, their reading, writing and math scores improve.
- Studies have proved there is a high correlation between a healthy self-esteem, total interest in school activities, and the study of music.
- College admissions officers give special consideration to students who are part of their high school music programs.
- The longer an individual studies music, the higher his/her scores tend to be on both the verbal and math portions of the SAT exam.



*"In my entire life I have never learned so much. I learned how to perform for 5,000 people, I learned how to respect my instructors, but most of all I learned how to be myself, and that alone was enough for me."*

2006 Ponderosa Band Senior

## **MAXIMIZE your child's high school experience with the Ponderosa Band Program**

**In today's world there are so many options available to your high school student: team sports, clubs, martial arts, drama, dance, Scouting,..**

### **Why consider band?**



*"On the first day of school, my freshman son entered Ponderosa High School with nearly 2,000 other students and he already had a core group of friends established from band camp. He walked down the halls and had fellow band members, many of them upper classmen, wave and say hi to him—now that's a sense of belonging."*

Ponderosa Band Parent

- Students in arts programs are more likely to try new things, and they can better express their own ideas to friends, teachers, and parents.

*“Never could I forget the experiences, the emotions, the friends, the lessons, the hard work, the successes, the failures....”*

*I stand before you now ready for the curve balls that the world is preparing to throw my way.”*

2006 Ponderosa Band Senior

- Students who can perform complex rhythms can also make faster and more precise corrections in many academic and physical situations, according to the Center for Timing, Coordination, and Motor Skills.
- In a Columbia University study, students in the arts are found to be more cooperative with teachers and peers, and are more self-confident.



- Students who participate in school band or orchestra have the lowest levels of current and lifelong use of alcohol, tobacco, and illicit drugs among any other group in our society.
- According to a 1991 study, students in schools with arts-focused curriculums reported significantly more positive perceptions about their academic abilities.
- A majority of the engineers and technical designers in Silicon Valley are also practicing musicians.

*“I’m not sure about everyone else, but some of the best friends that I will ever have were made through marching band.*

*They are relationships that have carried me through highs and lows both in and outside band and that I know will continue for years to come.”*

2006 Ponderosa Band Senior

- Students who are rhythmically skilled also tend to better plan, sequence, and coordinate actions in their daily lives.

*“It brings on an almost indescribable sense of happiness and pride at being part of a group that is able to work together as one to put on an amazing show.”*

2006 Ponderosa Band Senior

The Ponderosa High School marching band is a **nine time Colorado State Champion**



The PHS Wind Ensemble received a superior rating at the 2005 and 2006 Columbine Music Festival..



The band has performed in Ireland, California, Ohio, New Mexico, and in October 2006, Disneyworld Florida



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